



Port Wakefield Community Newsletter

Wednesday May 4th, 2022
Circulation 450

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Port Wakefield Community Newsletter Inc.
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COMMUNITY CALENDAR

Monday

CFS Cadets (fortnightly) 5.00pm - 6.00pm
CFS Training 6.00pm - 8.30pm

Tuesday

Men's Shed Closed
Dr Nyoni 10.15am-1pm
SA Ambulance Training 7.30pm-9.30pm
Library 10am-1pm

Wednesday

Community Bus (pension week) 9.30am

Thursday

Cards & Games (in recess) 11am-2pm
Transfer Station Open 10am-11am

Saturday

UC Op-Shop 9.30-11.30am
Transfer Station Open 10am-12pm

Sunday

Library (closed on May 9th) 12pm-1.30pm
Courthouse Museum
(2nd Sun each month) 11:30am-2:30pm

Transfer Station Open 9am-10am

Catholic

Mass 9am

Uniting Church (UC)

Service 10.30am

Bin Days

Yellow Recycling Bin – Thursday April 21st
Green Bin – Thursday April 28th.

HAPPY
Mother's
DAY



Sunday May 9th

Thought for the day

The optimist is wrong as often as the pessimist, but he has a lot more fun.
-Anonymous

--Please Note--

Next Issue: Wednesday May 18th, 2022.

News Items to be submitted by email or to the Newsletter box in the Post Office by **Monday May 16th**

Sports Results to be emailed by 9am **Tuesday May 17th**

Info Phone: Monica 0438 860 285

In the Garden 2022 No. 7

It is Autumn, a lovely time of year and time to prune our perennials. Perennials do add beauty to the garden but when they have finished flowering can look unsightly, so remove the spent flowers down to the new foliage shoots.

Hydrangeas need pruning too, so to have more flowers next year, prune to where two buds are either side of the stem. You will then enjoy many flowers. A single bud on the stem will produce foliage.

Try to maintain an angle of approx. 45 degrees when pruning. This angle helps water and bugs to slide off the cut and do no damage to the plant.

Planting now in the veggie patch: Chives, Onion, Silver Beet, Cauliflower, Radish, Carrot, Parsnip, Rhubarb, Beetroot.

Planting Flowers: Ranunculus, Lobelia, Larkspur, Sweet Peas, Hollyhocks.

Love and Enjoy.

Cheers
Wendy Garvie

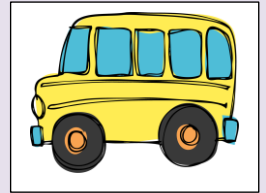


Community Bus

Dates for Community Bus to

Balaklava- May 11th

Pickup at 9:30am,
Depart Balaklava at 1:00pm



Contact Helen on 0407 671 141 to book a seat

Thank you to Port Wakefield CFS for cooking a delicious breakfast for the ANZAC Day memorial service.



WORK WANTED

- Unskilled labour
- Gardening
- Housekeeping
- General duties
- Yard cleaning
- Heavy lifting
- Anything!

\$20 an hour or \$17.50 for pensioners.

Phone Tumai anytime
on 0499 782 884

NATIONAL 16-22 MAY 2022 VOLUNTEER Better Together WEEK

National Volunteer Week 2022 Sponsors



Invitation

Let's make it Better Together - A call out to all volunteers, volunteer managers and anyone involved in volunteering.

To celebrate your countless hours of volunteering commitment to our community please join us to a complimentary evening with some food and entertainment.

Please RSVP to secure your spot.

Location: The Lighthouse Christian Church (4 George St, Balaklava)
Date: Monday 16 May 2022
Time: 6:00-8:00pm
RSVP: Thursday 12 May 2022 to admin@wrc.sa.gov.au or 08 8862 0800

Mum, the Greatest Gift You Have Ever Given Me Is Your Love

I've changed a lot throughout my life,
Always learning a little more about myself
And the world around me.

The challenges were interesting
And sometime overwhelming,
But I always believed in myself enough
To get me through the hard times.

One of the things
That I've come to know now,
After all those changes,
Is that I never once doubted
Whether you'd be there for me
If I needed you.

And there were many times
When I did need you,
And you were there...

Mum, when I was headstrong and defiant,
You watched me strive for my independence
Knowing life's lessons are best learned
Through personal experience.

When I was self-centred,
You are me discover on my own
A broader outlook on life.

I came to understand life on my own terms
And to appreciate you even more
By the examples you set
And the lifestyle you've lived.

Having your unconditional love in my life
Has made me feel secure and loved,
And that is the greatest gift
Any parent could ever give.



- Dena Di'laconi
(provided by Margaret Hean, thank you!)

LET'S GLOW!

Homemade Hair Treatments for Dry, Dull and Frizzy Hair...

Let's face it: Very few of us are blessed enough to wake up with perfectly smooth, de-frizzed hair that cooperates with all our styling efforts. Dry, dull and frizzy hair is common, but not something we should have to deal with.

Hair becomes dry when your natural oils don't get to the ends of your hair and is often the result of overuse of hot styling tools or environmental factors and, luckily, can be handled with a few changes in routine.

For starters, we can check to make sure our styling tools aren't at the hottest setting and avoid overuse of dry shampoo, which can make the hair look dry. Poor diet will also lead to dull, dry hair, so make sure you are eating well - lots of protein - and taking vitamin D daily.

In the meantime, here are some tried-and-true at-home hair solutions for dry, dull or frizzy hair. You can make these easy DIY hair masks with simple ingredients you probably already have in your kitchen.

Avocado Mask



Mash up half an avocado and add a couple of drops of peppermint essential oil. Shampoo hair, squeeze out the water, and apply the hair mask. Let it sit for 15-30 minutes and then rinse. This type of mask can be applied once a week before shampooing your hair. Rinse out the mask in shower, then shampoo and condition as normal.

Banana + Olive Oil Mask



Not only can bananas work their magic on your feet, but they are awesome for your hair! Mix a banana with 1 tablespoon of organic extra virgin olive oil and mash thoroughly until the banana is pureed.

You definitely want a super smooth smoothie-like texture, so you don't end up with banana chunks in your hair. Then massage into your hair and scalp. Leave the treatment on for 30 minutes, then rinse thoroughly and shampoo.

Keep On Glowing!

Jaine Collins-Dodd



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0459 363 186

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Yesterday's News



The Areas' Express May 12, 1916

The continued dry weather is causing much anxiety, and as many of the farmers are waiting for rain before starting seeding operations, the season is likely to be a late one. There are predictions of heavy rain in the near future, the chief token being the industrious ant seeking higher ground for camping quarters. and this was amply demonstrated on Saturday by a lad who investigated a bird's nest in a pepper tree and had to be disrobed before he could be freed from ants of all ages and sizes which were in possession of the tree.

The fishing season promises to be a record one, the fishing fleet having purchased a motor launch, which is of immense service in handling the smaller boats. Past week the returns were— Ballarat, 153 boxes ; Melbourne, 293 boxes, besides a goodly number to Adelaide.

The tides lately have been very high and a lot of useful fish are daily landed from the river banks, salmon and silver whiting being much in evidence. The very large fish, according to reports. always manage to leave the hook just as a landing is about to be effected.

(trove.nla.gov.au/newspaper/article/218965692)

Quiz Questions

- 1- What is tattooed on Popeye's arm?
- 2- What city hosted Australia's first Commonwealth Parliament sit in 1901?
- 3- What psychological condition is named after a failed bank robbery in Sweden
- 4- What type of volcanic rock will float in water?
- 5- Which novel begins "It was a bright, cold day in April, and the clocks were striking thirteen"?

When I was a kid, my parents would always say, "Excuse my French" just after a swear word... I'll never forget my first day at school when my teacher asked if any of us knew any French

HUMMOCKS WATCHMAN EAGLES ROUND TWO ROUND UP

What a cracking day for our first home game of the season!

Taking on United at our seaside oval, it was 'oh-so-close' to a clean sweep in both the football and netball. There were some stellar wins — our A grade restricting the Tigers to just one goal for the game, and ending up with a 149-point winning margin, while over at the netball, our U17s sank an impressive 70 goals, to win by 57. It was just the junior colts and U13b netballers who unfortunately went down to the Tigers, but they all put in a mighty effort they can be proud of.

Josh Studham and Flynn Young took home highest goalkicker honours for the day, with Studs bagging eight in the A's and Flynn contributing seven goals to the senior colts tally. Our mini mascot Darthliam Balbastro was taken under the wing by our A graders and loved the experience of running out with them, as our first mascot for 2022! Newly-returned former local Nathan Greenshields sustained, what appeared to be, a nasty gash to his head during the A grade. A quick trip to hospital with a heavily bandaged head, Greeny required just three stitches, with coach Jared Wilson somewhat-relieved considering the amount of blood there was!

Our player auction night was a great success, raising almost \$6,500 - with the wildcard group attracting the biggest dollars!

Next week we head to Virginia to take on the Rams. Hope to see you there!

A GRADE

HW Eagles 23.24 (162) def United 1.3 (13)

Best players: Ethan Kwaterski, Joshua Appleby, Tait Nottle, Hugh Walker, Jaiden Jude, Joshua Studham

Goal kickers: Joshua Studam 8, Jaiden Jude 4, Mitchell Steward 3, Brandon Taylor 3, Henry Wright 3, Tait Nottle, Cody Redpath

B GRADE

HW Eagles 8.15 (63) def United 6.4 (40)

Best players: Cody Scott, Brad Higgs, Adam Pengilly, Dylan Irrgang, Jake Earle, Jacob van Dijk

Goal kickers: Jake Earle 2, Liam Bigg, Brad Higgs, Adam Pengilly, Tim Shepherd, Hayden Sonntag, Corey Temby

SENIOR COLTS

HW Eagles 15.14 (104) def United 9.6 (60)

Best players: Flynn Young, Dylan Williams, Kingston Nguyen-Coe, Michael Myers, Jake Martin, Dylan Martin

Goal kickers: Flynn Young 7, Dylan Williams 4, Jake Martin 2, Jackson Anderson.

JUNIOR COLTS

HW Eagles 5.3 (33) def by United 8.7 (55)

Best players: Jake Myers, Caesar Duane Guden, Rex Pallares, William Young, Malakie Rebgetz, Beau Catford

Goal kickers: Dylan Martin 2, Jake Myers, Rex Pallares, Beau Catford

A1 Hummocks 55 (Sarah Young) def. Long Plains 18 (Ashyka Curnow)

A2 Hummocks 51 (Stacey Faehrmann) def. Long Plains 20 (Mary-Jane McArdle)

A3 Hummocks 54 (Jess Angel) def. Long Plains 24 (Brooke McArdle)

A4 Hummocks 58 (Clancey Heelan) def. Long Plains 42 (Kateena Jenkin)

A5 Hummocks 66 (Karli Andrew) def. Long Plains 11 (Brittany Pritchard)

17&U Hummocks 70 (Judiza Enorme) def. Long Plains 13 (Taylah West)

13&UA Hummocks 20 (Halle Young) def. Long Plains 18 (Phoebe Young)

13&UB Hummocks 11 (Georgia Martin) def by. Long Plains 21 (Lilly Curnow)

10&U Hummocks 3 def. Long Plains 2



Text and photos from the HW Eagles Facebook page. Follow them at facebook.com/hummockswatchman.eagles for the latest news!

JOEL WILSON PLUMBING & GAS 0458 103 833



EFTPOS available

Opening hours: Tuesday, Wednesday & Thursday from 9am until 3pm, or by
appointment.



Birthdays



May

Birthstone- Emerald

Flower- Lily of the Valley

May 4- Deb Adey
 Judy Underwood
 Heather and Adrian Brown's
 Wedding Anniversary

May 6- Monica O'Leary

May 7- Olivia Carslake

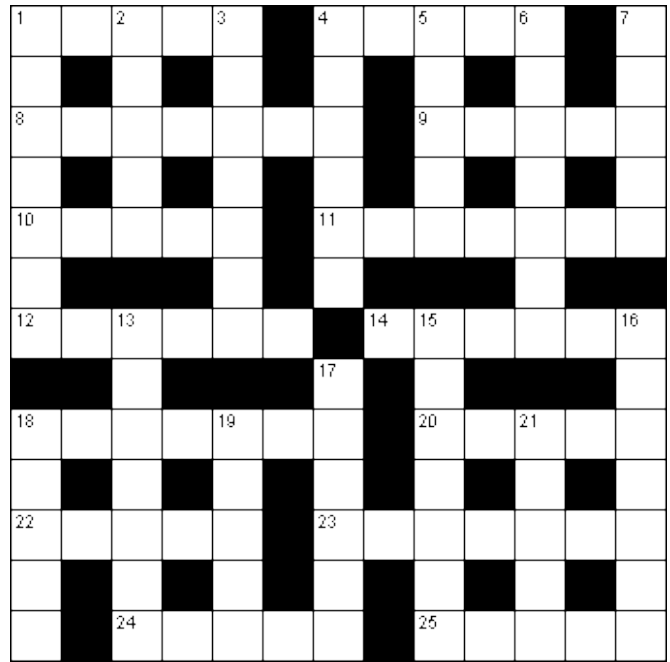
May 8- Sebastian Frank
 Madeleine Pillar

May 10- Lisa Griffiths

May 16- Michelle Butson
 Nathan Studham
 Scott Anderson

May 17- Fran Milton
 Chris Harding

Crossword 22



Across

1. Extremely cold (5)
4. Out of fashion (5)
8. Communication channel (7)
9. Crowd scene actor (5)
10. Part of a church (5)
11. Unlawful (7)
12. Natural abilities or qualities (6)
14. Conundrum (6)
18. Malleable (7)
20. Irritated (5)
22. Spear (5)
23. Acute (7)
24. Stringed instrument (5)
25. Overheads (5)

Down

1. Chivalrous (7)
2. Guides (5)
3. Distinguish (7)
4. Writing implement (6)
5. Carapace (5)
6. Lured (7)
7. Intended (5)
13. Curt (7)
15. Ludicrous (7)
16. Interminable (7)
17. Sheep known for its high quality fleece (6)
18. Greek letter (5)
19. Paragon (5)
21. Male monarchs (5)

Crossword 21 Solution

N	O	R	T	H		B	A	L	A	N	C	E		
A		O		E		U		E		E		L		
T	R	U	M	P	E	T		A	P	P	L	E		
U		N		T		T		P		T		C		
R	A	D	I	A	T	E	D		D	U	E	T		
A				G		R		V		N				
L	A	G	O	O	N		C	I	N	E	M	A		
		A		N		A		R				V		
T	O	M	E			A	C	C	U	R	A	T	E	
A		B	A			A		T		L		C	R	
M	O	L	A	R				I	N	E	R	T	I	A
E		E		I		V			N		O		G	
S	U	R	N	A	M	E			T	E	R	S	E	

Quiz Answer

- 1- Anchor
- 2- Melbourne
- 3- Stockholm Syndrome
- 4- Pumice
- 5- 1984

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Thursday Closed

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